# DIVISION OF BEHAVIORAL HEALTH SERVICES PSYCHOLOGIST SUPERVISORS AND STAFF

#### Joe Alford

Ph.D., 1982, Texas Tech University Diplomate in Clinical Psychology, A.B.P.P.

Dr. Alford is the Assistant Administrator for Clinical Services at the Arkansas State Hospital, Chief of Psychology, and an Assistant Clinical Professor in the Department of Psychiatry at the University of Arkansas for Medical Sciences. His professional interests include innovative treatments for serious mental illness, forensic and neuropsychological assessment, post-traumatic stress disorder, and administration. Personal interests include guitar playing and old movies.

### John Althoff

Ph.D., 1969, Southern Illinois University Diplomate in Clinical Psychology, A.B.P.P.

Dr. Althoff is the Assistant Director of the Arkansas Division of Behavioral Health Services. His special interests include administration and the planning and financing of mental health services. Dr. Althoff has in the past worked in community psychology, partial hospitalization and day treatment programs, and has also been a past director of the psychology internship program. His personal interests include travel, bicycling, and woodworking.

#### Ron E. Faupel

B.S., 1980, Arkansas Tech UniversityM.S., 1989, University of Central ArkansasPsy.D, 1996, Forrest Institute of Professional Psychology

Dr. Faupel is the staff psychologist on Unit B. He conducts psychological, forensic, and risk assessments, in addition to leading groups and participating in treatment planning. Dr. Faupel has considerable experience with diverse populations of difficult to treat patients. He has worked with several state correctional facilities and developmental disabilities facilities. In addition, he has experience working with children, families, and geriatric populations. Professional interests include individual, group and organization dynamics, family systems, forensics, and personality assessment. His personal interests are his children, outdoor activities, and remodeling projects.

#### **April Coe Hout**

B.A., 1991, University of Arkansas M.A., 1994, University of Arkansas Ph.D., 1997, University of Arkansas

Dr. Coe Hout is the Program Manager for Adolescent Services, including the Adolescent Sex Offenders Program, Adolescent Inpatient Treatment Program, and the Adolescent Dual Diagnosis Program. In addition to her administrative responsibilities, she conducts psychological assessments, group therapy, behavioral management consultation, and works with a multidisciplinary team. Dr. Coe Hout is a graduate of the DBHS internship program, having trained during the 1995-1996 year. Her professional interests include the treatment and assessment of sex offenders, juvenile delinquent populations, working with diverse populations, and forensic assessment. Her personal interests include traveling, cooking, and reading.

## **Hillary Hunt (Internship Training Director)**

B.A., 1999, Auburn University M.A., 2003, University of Mississippi Ph.D., 2006, University of Mississippi

Dr. Hunt is the Training Director for the Pre-doctoral Psychology Internship Program. She is also a psychologist for Adolescent Services at the Arkansas State Hospital, with primary placement in the Dual Diagnosis Treatment Program for adolescent males. Dr. Hunt is a graduate of the DBHS psychology internship program, having trained during the 2005-2006 year. Dr. Hunt's professional interests include behavioral medicine and sports psychology. A former competitive swimmer, she enjoys following U.S. Swimming and Gymnastics. In her personal time, she is an avid exerciser (and 2006 Little Rock Marathon finisher) who also enjoys reading, traveling, and playing with her Dachshund, Emme.

## John Mangiaracina (Primary Supervisor – Adolescent Rotation)

B.A., 1968, Loyola University of the South M.A., 1972, University of Arkansas Ph.D., 1978, University of Arkansas M.P.A., 1995, University of Arkansas at Little Rock

Dr. Mangiaracina is a staff psychologist for Adolescent Services. He offers several therapy groups, administers psychological tests, devises behavior management plans, and works with the unit's multidisciplinary treatment team. He joined the staff after many years working in the state's correctional and mental health systems. His personal interests include baseball, making road trips to fine restaurants around the nation, collecting automobiles, and reading.

## Jack P. Schaefer (Primary Supervisor – Inpatient/Forensic Rotation)

B.S., 1969, Oklahoma State University M.S., 1980, Oklahoma State University Ph.D., 1991, Oklahoma State University

Dr. Schaefer is the Psychologist Supervisor for three adult general admission units at the hospital. He works day-to-day as the staff psychologists on Unit A, a 30-bed adult unit. He conducts group psychotherapy, psychological evaluations, and has a leadership role in

multidisciplinary treatment team meetings, where patient treatment plans are formulated and reviewed. He also participates in training psychiatric residents and medical students on rotation from an affiliated medical school, UAMS. He has been on the Arkansas State Hospital staff since 1994. Prior to that he worked in Oklahoma's outpatient community mental health system where he was a clinic director, clinician, and a supervisor of clinical and counseling psychology graduate students from Oklahoma State University. Away from work he has been an avid golfer since childhood, enjoys driving his VW GTI, and listens mostly to jazz and blues. His dog, a feisty West Highland white terrier named Nestle, is a loyal and fun companion.

## Michael J. Simon (Primary Supervisor – Inpatient/Forensic Rotation)

B.S., 1976, Emory University Ph.D., 1982, University of South Carolina

Dr. Simon is the supervisor on the Forensic Services Unit at the Arkansas State Hospital. He conducts competency and responsibility evaluations with criminal defendants and has previously been a psychologist with the Arkansas Department of Corrections. He is also an instructor at the University of Arkansas at Little Rock where he teaches Abnormal Psychology. He has published twelve articles, and is interested in hypnosis and Dissociative Identity Disorder. His personal interests include baseball card collecting, basketball, and football.

## Rebecca Brewer Spohn

B.A., 1989, Rhodes College M.S., 1992, University of Kansas Ph.D., 1995, University of Memphis

Dr. Spohn works part-time as a staff psychologist on the Forensic Services Unit of the Arkansas State Hospital. In addition to being a stay-at-home mom for the past few years, Dr. Spohn has experience working at a Veterans Affairs Medical Center, a University Medical Center, and in private practice. Her professional interests include dynamic issues in psychotherapy, personality assessment, assessment and treatment of PTSD, and crisis intervention. Her personal interests include recreational and competitive running and power shopping.

#### Jennifer Whitmore

B.S., 2001, Bowling Green State University M.A., 2003, Southern Illinois University Ph.D., 2007, Southern Illinois University

Dr. Whitmore is the staff psychologist for Unit C. She offers several therapy groups, administers psychological tests, devises behavior management plans, and works with the unit's multidisciplinary treatment team. Dr. Whitmore is a graduate of the DBHS psychology internship program, having trained during the 2006-2007 year. Her professional interests

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include forensic and correctional psychology, post-traumatic stress disorder, and behavioral interventions. Her personal interests include baking, gardening, and reading.